



**ATHLETIC
HANDBOOK
FOR
PARENTS**

DEAR PARENTS:

This material is presented to you because your son or daughter will be (is) participating in interscholastic athletics at Sanborn Christian School. We believe that participation in sports provides a wealth of opportunities and experiences for every student athlete.

It is our hope to maintain an interscholastic athletic program that is sound in purpose and honoring to God. Through athletics, we want to pay particular attention to competing and coaching in a way that reflect the character of Christ (Colossians 3:17). Our goals are to bring glory and honor to Christ, to build Christ-like character in each student, and to develop their individual athletic potential. This is a big undertaking. To do this requires time and commitment from everyone involved – particularly coaches, athletes, and parents.

Through participation in athletics at Sanborn Christian, student athletes will mature physically, emotionally, socially, and spiritually. A student-athlete who participates in athletics will grow in self-discipline and self-denial. Failure to comply to team or school rules of training and conduct, or failure to maintain academic requirements may mean exclusion from the team. There is an expectation that each student-athlete will discipline his/her mind and body for competition. We believe God calls us to strive for excellence and we do not want our student-athletes to compromise or accept mediocrity.

Parents play a key and critical role in the overall success of their student athlete's involvement in athletics. It is important that all parents realize the importance of their commitment and role in this area of their student athlete's life. Some individuals neglect their role and, as a result, the student athlete may have trouble and frustration. In athletics, family provides many of the key elements for success.

One purpose of this document is to acquaint you with specific policies that are necessary for a well-organized athletic program. However, the contents of this document and its helpfulness is fully dependent upon you, as the parent, to read it, retain the information in it, and to refer to it often. Otherwise, none of this will be helpful.

Sincerely,

Anthony Minderhoud

Principal & Athletic Director

As a parent, you play a big role in making the athletic experience enjoyable for your own child, the children of others, the fans around you, the coaches who are coaching your child, the officials who are taking time to officiate your child's game, and for school officials (administration and athletic director) who put together the athletic program, finds coaches and officials, and others who help the game move along.

Please keep these things in mind during the various athletic seasons:

Before you speak....

THINK!

T - is it true?
h - is it helpful?
i - is it inspiring?
n - is it necessary?
k - is it kind?

Make sure it's connected
before you start talking.



TWO PARENTS WATCHING JUNIOR BASKETBALL

"Which one is your boy?"
"Why?"
"I wanted to tell him how rubbish he is"
"You can't say that he is only a kid, how would you like it if I said that to your boy?"
"You have done that all game"
"Who is your boy?"
"The referee"

**THINK BEFORE YOU
SPEAK**



Perhaps you can help remind your child that...



Kids. Remember This: With good coaches, the coach really doesn't determine your playing time. Your own choices do. Your effort. Your attitude. Your work ethic. Not just your skill set.

**"Don't be upset by
the result you
didn't get
with the work
you didn't do."**

10 THINGS THAT REQUIRE ZERO TALENT

1. Being On Time
2. Making An Effort
3. Being High Energy
4. Having A Positive Attitude
5. Being Passionate
6. Using Good Body Language
7. Being Coachable
8. Doing A Little Extra
9. Being Prepared
10. Having A Strong Work Ethic

OUR EXPECTATIONS OF THE PARENTS:

Parents of students who participate as team members assume the following responsibilities:

- **READ** all the material that is sent home via emails, the school website, School Bell, and the weekly home note. Most of the main communication through each season is communicated this way.
- **READ** the parent handbook regarding policies that pertain to academics and athletics.
- If you do not know something, please ask the coach or a school representative. Don't complain to other parents or families. Follow the Covenant of Communication and Support that was signed at registration.
- Support your child by attending as many events as possible. Your attendance is important to your child.
- Do not live through your student athlete.
- Be positive and supportive without adding extra pressure or expectations.
- Support your child's school, administration, teachers, and coaches.
- Demonstrate a high level of Christian self-discipline at all contests.
- Maintain communication with the coach and the school in the event of student absences.
- Be actively involved in the development of your child, including cooperation during possible disciplinary actions in the form of probation or suspension.
- Assist in the provision of the activity (be a line judge, scorekeeper, scoreboard operator, and driver to events).
- Assist the coaches and administration in providing an experience that challenges students to develop as responsible Christians in regard to their work, conduct, and attitude.
- Believing and supporting the coach's judgement, character, actions, strategy, and overall philosophy. Criticism and questioning of the coach's choices will likewise lead the student athlete in the same way.
- Confront an issue with the coach in good timing and with proper communication. Avoid these discussions right after a game with players and other parents present.

MISSION STATEMENT OF SANBORN CHRISTIAN SCHOOL:

- Sanborn Christian is actively "Educating under God's Word for serving God in His world".
- This goal extends out of the classroom into athletics as well.

OUR STATEMENT OF PURPOSE:

The purpose of the Sanborn Christian School comes to expression in teaching students three personal relationships: to God, to fellow human beings, and to creation.

- In our personal relationship to God, we teach that all of life begins and ends with God, therefore, God has a claim on our life. We are created in God's image and must reflect that image in every aspect of life. This image is best reflected as we show love for God

above all and submit ourselves to obedient service in the coming of God's Kingdom.

- In our relationship to fellow human beings, we teach that love for God above all comes to expression as we fulfill Christ's mandate to love our neighbor as ourselves. We put the welfare of others ahead of self. We actively seek out and help, by word and deed, those in need. What we do for others is the same as doing it for Christ Himself.
- In our relationship to creation, we teach that in Christ the cultural mandate to subdue the earth and have dominion over it is renewed and must be fulfilled. As stewards of God's creation, we must work to maintain the quality of our environment and use both synthetic and natural resources wisely and constructively, for both work and leisure, for the welfare of present and future generations.

OUR PERSPECTIVE ON ATHLETICS:

Participation in sports can help young people:

- Gain a sense of awe for how wonderfully God has created them
- Build self-concept and self-esteem
- Appreciate health, exercise, and fitness
- Learn about themselves and how to improve their skills
- Learn how to handle competition, experience teamwork, and display sportsmanship

OUR GOALS / OBJECTIVES OF ATHLETICS:

- To glorify God using the gifts He has given us on the field and court.
- To provide a Christian environment for students to develop their athletic talents.
- To instill in students an attitude of respect and sportsmanship towards other players, coaches, officials, and fans that is consistent with Biblical principles.
- To provide a place for students to be a Christlike example to players and spectators as they compete against other teams.
- To provide an opportunity for students to develop individual and team skills and strategies, as well as an understanding of different roles on a team.

OUR TEAM STRUCTURE AND ORGANIZATION:

Being that Sanborn Christian is a relatively small school, most athletic teams are comprised of grade combinations that involved 6th through 8th grade students, and the composition of the teams may change from year to year depending on the number of students in those classes.

It is important to realize that our Christian school league is primarily an 8th grade league which would mean that game participation is leaning heavily towards 7th and 8th grade participation,

despite the possibility of having a talented 6th grade athlete. At times, 6th grade students participate on a rotation basis (some come to one game, others come to the next game, and so on). Again, this is all subject to the number of students in those classes, and it may change from year to year.

End of the season tournaments are typically 8th grade level tournaments.

ATHLETIC OPPORTUNITIES OFFERED AT SANBORN CHRISTIAN:

- Fall
 - Girls Volleyball (2 teams: 6th/7th grade combination and 7th/8th grade combination)
 - Volleyball jerseys are provided. Parents supply shorts and knee pads, etc.
 - 1-mile cross country run (6th – 8th grade girls and boys)
 - One hosted by UCHS
 - One hosted by WCHS
- Winter
 - Girls Basketball (1 team: combination of 6th-8th grades for practice with games leaning heavily upon 7th and 8th grade playing time)
 - Basketball jerseys and shorts are provided.
 - Boys Basketball (1 team: combination of 6th-8th grades for practice with games leaning heavily upon 7th and 8th grade playing time)
 - Basketball jerseys and shorts are provided.
- Spring
 - Girls Soccer (1 team: combination of 6th-8th grades for practices and games. 5th graders may be used depending upon lack of participants in 6th-8th grade).
 - Boys Soccer (1 team: combination of 6th-8th grades for practices and games. 5th graders may be used depending upon lack of participants in 6th-8th grade).
 - Girls Track and Field (Grades 5-8)
 - 5th Grade comes to all practices, but participates in one meet at Dordt University
 - Boys Track and Field (Grades 5-8)
 - 5th Grade comes to all practices, but participates in one meet at Dordt University
 - **ALL SPRING SPORTS USE YELLOW SANBORN CHRISTIAN ATHLETIC T-SHIRT THAT ARE PURCHASED BY EACH FAMILY INDIVIDUAL THROUGH THE FRONT OFFICE PRIOR TO THE SPRING SEASON(S).**

JUNIOR HIGH (GRADES 5-8) ATHLETIC GUIDELINES AND ACADEMIC EXPECTATIONS:

Sanborn Christian recognizes that interscholastic sports as a co-curricular facet of the overall education of its students. Since Sanborn Christian is a smaller school, each student's participation is often necessary to facilitate team sports. Therefore, middle-school students are encouraged to participate in all interscholastic athletic events. Parents desiring their child not to participate may contact the administrator. Another exception to athletic participation is if there is a medical condition (or other related reasons) that requires them not to participate.

- Please note that we may need all 6th-8th grade students to participate in the track and field season, so please be aware that this might be one season where students do not have an option to participate or not.

As we strive to be distinct in our approach to athletics, we must acknowledge a holistic approach to being student athletes. Student athletes are first called to fulfill their expectations as a student. At Sanborn Christian, we are committed to creating a Christ-centered academic experience through at partnership with families that will nurture the mind, heart, and hands of every student. This is our primary calling and commitment to the students at SCS. Therefore:

Any student receiving an "F" average during any week from daily grades, quizzes, tests, compositions, and major reports in any subject will be placed on probation for one week. The week of probation is to allow the student to focus on academics and will be allowed to participate in activities once the average is raised to a D- or above (passing).

Probation Week(s): During a season, a student may become ineligible due to not meeting their responsibility as athletes. A student must attain a grade better than an "F" in any class. Grades will be checked with progress reports and report cards. Students must also display attitudes and behaviors that represent our beliefs as a Christian Community. Parents of students with unsatisfactory reports will be notified immediately. The student will be placed on probation at this time.

- 1) The probation period will begin the following day after the decision was made to place the student on probation.
- 2) During the week probation period, the student will be allowed to attend practices if all schoolwork is completed, but he/she will not be allowed to participate in games.
- 3) If there is no academic progress evident at the end of the week probation period, the student will not be allowed to attend practices or participate in games until the average is raised to a D- or above (passing). Depending on the length of the sport season, the student may or may not be eligible to be reinstated, after another two-week probation period.

The following discipline guidelines will be used for junior high athletics at SCS:

1. Academic Detentions (see Level 1 of the above discipline policy).

- a. A student receiving their first academic detention will miss half of the playing time in a game.
 - b. A student receiving their second academic detention will miss a full game.
 - c. A student receiving their third academic detention will miss a second full game.
 - d. A student receiving their fourth academic detention will miss a third full game.
 - e. After any other subsequent academic detentions, the situation will be reviewed with the administrator, student, coach (if necessary), and parents (if necessary) to see if the academic progress warrants the removal of the student from the team.
2. Behavior Detentions (see Levels 2 – 4 of the above discipline policy).
- a. A student receiving their first behavior detention will miss a full game.
 - b. A student receiving their second behavior detention will miss a second full game.
 - c. After any other subsequent behavior detention, the situation will be reviewed with the administrator, student, coach (if necessary), and parents (if necessary) to see if behavior warrants the removal of the student from the team.

NOTE:

All these implications begin when the season begins. It is understood that the season begins when the first practice starts. These implications DO NOT reset at the end of the quarter when a season straddles two quarters (basketball season for example).

- During spring athletics, these consequences will be applied to soccer before track and field.

PARTICIPATION REQUIREMENTS FOR STUDENTS:

- Athletic Physical Form – signed by a licensed health care provider.
- Students must be at school by 12:00pm (*noon*) *on the day of the extra-curricular activity to participate in that day's activity.*
- Allowed to participate in activities once the average is raised to a D- or above (passing).
- Positive attitude and a willingness to listen, learn, grow.

GENERAL ATHLETIC NOTES:

- Practices for volleyball, basketball, soccer, and track & field are typically held after school from 3:30pm to 5:00pm, unless otherwise noted by the coaches.
- Since busing home from school leaves at 3:35pm, it should be assumed and apparent that families are responsible for transporting their own children home after practice or making carpooling arrangements.

- Home games typically begin at 4:00pm. Younger teams and/or the girls typically play first with the older teams and/or boys playing second.
 - Home volleyball and basketball games are held in the SCS gym.
 - Home soccer games are typically played at Miller Park.
- Spring track meets typically occur in the afternoon. UCHS typically begins at 12:30; WCHS typically begins at 1:00; and the SCCS meet at Dordt typically begins at Noon.
- Occasionally, coaches hold open gyms during basketball and/or soccer season typically at 7:30am. Whether this happens or not is up to the discretion of the coach(es). Open gyms are optional and SCS does not provide transportation to these events as they are before the school day begins.

TRANSPORTATION TO ATHLETIC EVENTS:

- **Directions to area schools are listed at the end of this handbook.**
- Pay attention to emails coming from SCS pertaining to away events.
- Away games require transportation to area schools. Parents with children on the athletic team will be asked to drive to these events using a rotating schedule utilizing all parents from these grade levels who have an athlete participating. Therefore, transportation is provided by these means TO the away games, but each individual family is responsible for transportation HOME from the away games.
- Be prepared to take 3-4 athletes in your vehicle, so plan accordingly.
- All tournaments require parents to supply their own transportation TO and FROM the tournaments.
- Busing is provided for the two main track meets hosted by UCHS and WCHS, but each individual family is responsible for transportation HOME from these meets.
- The large track meet at Dordt University in May also will require parents to supply their own transportation TO and FROM the meet.
 - This is a large meet with schools participating from the tri-state area.
 - Pack lunches for your athletes, although concessions are available.
 - Look over the track meet information prior to your arrival so that you know what is going on.

OUR EXPECTATIONS OF THE ATHLETES:

Coaches are to set expectations for their athletes and maintain those expectations in a consistent manner. Sanborn Christian expects athletes to:

- Always remember that he/she represents Christ, self, family, team, and school. All of these should be promoted positively.
- Respect the officials, coaches, and their decisions in word, action, and body language.
- Demonstrate self-control and will avoid the use of profanity, boasting, disrespectful language/body language, or physical/verbal abuse of others.

- Demonstrate a desire to cooperate with coaches and team members at practices, meetings, and athletic contests.
- Participate to the best of their abilities and encourage one another.
- Act in accordance with the rules of eligibility and standards set by Sanborn Christian School.
- Absolutely no “picture taking” with an electronic device will be allowed in the restrooms or the locker rooms. Cell phones and other electronic devices with recording capabilities, including voice recording, still cameras and video cameras, are not permitted to be used in restrooms or locker rooms. Any student who uses an electronic device for these purposes in a restroom or locker room will be suspended from school.
- Make every attempt, with as much advance notice as possible, to let a coach know when he/she will not be able to attend a practice, meeting, or game.

WHAT IS MEANT BY GOOD SPORTSMANSHIP?

Athletic participants, and coaches, at Sanborn Christian School need to display the qualities of good sportsmanship following a Christ-like model found in the “Fruit of the Spirit” (Galatians 5:22-23). Source: Wes, Neal. The Handbook of Coaching Perfection

- **Love** – an attitude of self-sacrifice, a willingness to give oneself completely for another person.
- **Joy** – a positive attitude. Accepting the outcome of a contest, humble in victory and gracious in defeat.
- **Peace** – a calm attitude. The ability to deal with difficulties and disappointments.
- **Patience** – be slow to anger. The ability to concentrate in spite of immediate circumstances.
- **Kindness** – a calm attitude in dealing with others even when competition produces tension.
- **Goodness** – a concern for a person’s inner worth rather than physical prowess or potential.
- **Faithfulness** – the attitude of reliability. Enable another person to trust you.
- **Gentleness** – an attitude of looking out for someone else’s best interest.
- **Self-Control** – the attitude of controlling one’s desires and impulses. This includes the discipline of caring for your body and avoiding temptations.

SUMMARY:

Sanborn Christian School is seeking to represent Christ in every aspect of all that we do (Colossians 1:18b). This “everything” includes the athletic program too. On the field or on the court of competition, true character is revealed. We want our student athletes, as well as our coaches and parents, to strive and pull together for the same goals.

Our number one priority is to raise up Christian men and women in the name of Christ and to have everyone at Sanborn Christian to represent God in ways that are pleasing to Him and with integrity. When this is consistently taking place, we are seeking to serve Christ to the best of our abilities in everything we do.

GO WILDCATS!!



RULES FOR OUR CHRISTIAN SCHOOL LEAGUE

VOLLEYBALL RULES (as of August 2024):

1. Best out of three games. Suggested to play all 3 games unless both teams desire to play only two.
2. Try to keep all substitutions legal, NOT the responsibility of the official to keep track of substitutions.
3. Backline judges should be used to help the officials. Please use your parents.
4. 2003 rally scoring to 25. The first two games must be 25, third game can be 15 if both coaches agree to it beforehand. Teams must win by 2. No cap.
5. Net serves count
6. Games played in the following order - 7th grade first, with 8th grade second.
7. Each team will be allowed 2 timeouts per game.
8. Schools are allowed to use a Libero if they choose. It is the coach's responsibility to use the position correctly.
9. Net height should be set at 7' 4 ½".
10. We will play foot faults on serves. Accommodation can be made for gyms that do not allow adequate space to serve.

Volleyball Warm Up Suggestions:

- 3:40: Stretch (and visiting team if they are there)
- 3:45: Home team on court
- 3:50: Visiting team on court
- 3:55: Both teams serve (2 mins)
- 3:57: Team huddle/captains
- 4:00: First serve

Volleyball Round Robin Tournament Guidelines (as of August 2024):

1. The games will typically be at Western Christian or Unity Christian.
2. Each game will be limited to the 20-minute time span no matter what the score.
3. Please keep the games on time. Start the clock even if teams are moving to different courts. Try to keep both gyms on time with each other.
4. The official will determine who will serve first.
5. Teams should be ready to play as the schedule stands in order to be fair to all the teams.
6. High school rules are in effect.
7. Sportsmanlike conduct is expected from all players, coaches, and fans.
8. Coaches are responsible for their players at all times.
9. Teams should provide a person to help keep score and line judge.
10. Bring your own volleyballs for warm-up. Please keep them away from the courts while games are in process. Warm up in designated areas only.
11. Warmups should be done off the court. There will be no on court warm up time.
12. Referees are in charge and their decisions are final.

End of Season Volleyball Tournament Guidelines (as of October 2021):

1. 10 min. warm-up before your first match. Thereafter, NO Warm-ups.
2. We will play ahead of schedule if possible.
3. The first team listed will serve first in the first game.
4. Officiating: Please provide one line judge when playing.
5. Balls WILL be provided. Please do not take them out of the gym.
6. There will NOT be a concession stand.
7. There will not be locker room facilities.
8. Please clean up your camp and put all trash in the trash containers
9. Teams will not switch sides during the match.

BASKETBALL RULES (as of August 2024):

1. All games will be 7-minute quarters, with the exception being tournament games at the end of the year.
2. Warm-ups should always be on the opposite side of your bench.
3. Ball possession:
 - a. Girls – by a jump ball at the center circle.
 - b. Boys – by a jump ball at the center circle.
4. 3-pointers WILL be counted at the schools where a 3-point line is available. If there is no 3-point line, then all shots will count as 2 points.
5. No zone defense in the half court (NOT the official's responsibility to control. COACHES – YOU are responsible). This does allow a zone full-court press if the team drops back into man-to-man in the half court.
6. A team may full court press up to a 10-point lead.
7. Time-outs: Each team has 4 full time-outs (1 minute) per game. Timeouts may be used at any time during the game. If overtime, each team will receive 1 extra timeout per EACH overtime period.
8. Tournaments: Boys and girls basketball tournaments will flip-flop between Unity and Western each year. Both teams are going to the opposite school the next year.
9. Tournament game rules:
 - a. We will play 2 sixteen minutes halves with a running clock. The clock will stop for the last two minutes of the second half.
 - b. 3-minute half time
 - c. Overtime will be 1 two-minute period with a stopping clock. If still tied, we will go to the sudden death format.
 - d. Teams will get 3 one-minute timeouts for each game. During overtime, teams will only have 1 timeout.
10. Games will start at the scheduled time when possible. If we are behind schedule, we will allow 5 minutes to warm up.
11. Traveling trophy will be awarded to the first-place team in each division.

SOCCER (as of August 2024):

1. We will play two 25-minute halves.
2. Halftime will be 5 minutes
3. In the event of overtime, we will play two 5-minute OT periods, switching directions after the first OT period. Overtime will be a golden goal (first goal wins).
4. If still tied after 2 OT periods, we will do a shootout.

TRACK & FIELD:

1. Try to encourage kids to respect the property they are using.
2. Students should be limited to the number of events that they are allowed to enter in each given meet (Including individual events and relays).

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Miller Park, Sanborn, IA

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Miller Park is @ 901 Sanborn Street, Sanborn, IA

- 1 Take US-18 East
- 2 Turn right onto Western Avenue
- 3 Turn right onto Sanborn Street
- 4 Destination will be ahead of you

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Miller Park, Sanborn, IA

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Miller Park is @ 901 Sanborn Street, Sanborn, IA

- 1 Take US-18 East
- 2 Turn right onto Western Avenue
- 3 Turn right onto Sanborn Street
- 4 Destination will be ahead of you

Sanborn Christian School
Athletic Information

Date:

Teams:

Place:

Hull Christian School

Leave SCS:

Drivers:

Other Info:

DIRECTIONS:

HCS is @ 1301 5th Street, Hull, IA

- 1 Take US-18 West for about 23 miles
- 2 Turn right onto Chestnut Street
- 3 Turn left onto 5th Street
- 4 Destination will be on your right

Sanborn Christian School
Athletic Information

Date:

Teams:

Place:

Hull Christian School

Leave SCS:

Drivers:

Other Info:

DIRECTIONS:

HCS is @ 1301 5th Street, Hull, IA

- 1 Take US-18 West for about 23 miles
- 2 Turn right onto Chestnut Street
- 3 Turn left onto 5th Street
- 4 Destination will be on your right

Sanborn Christian School
Athletic Information

Date:

Teams:

Place:

Hull Protestant Reformed

Leave SCS:

Drivers:

Other Info:

DIRECTIONS:

HP RCS is @ 1006 Hayes Avenue, Hull, IA

- 1 Take US-18 West for about 25 miles
- 2 Turn right onto Hayes Avenue
- 3 Destination will be on your right

Sanborn Christian School
Athletic Information

Date:

Teams:

Place:

Hull Protestant Reformed

Leave SCS:

Drivers:

Other Info:

DIRECTIONS:

HP RCS is @ 1006 Hayes Avenue, Hull, IA

- 1 Take US-18 West for about 25 miles
- 2 Turn right onto Hayes Avenue
- 3 Destination will be on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____ Jr. High Track and Field

Place: _____ Hesla Field (Hull)

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

The track is @ 901-1099 Okey Street, Hull, IA

- 1 Take US-18 West for about 23 miles
- 2 Turn right onto Okey Street
- 3 Destination will be on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____ Jr. High Track and Field

Place: _____ Hesla Field (Hull)

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

The track is @ 901-1099 Okey Street, Hull, IA

- 1 Take US-18 West for about 23 miles
- 2 Turn right onto Okey Street
- 3 Destination will be on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Inwood Christian School

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Inwood Christian is @ 302 East Madison Street, Inwood, IA

- 1 Take US-18 West for about 26 miles
- 2 Turn right onto US-75 N for about 1 mile
- 3 Turn left onto US-18 W for about 20 miles
- 4 Turn right onto East Madison Street
- 5 Destination is ahead of you

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Inwood Christian School

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Inwood Christian is @ 302 East Madison Street, Inwood, IA

- 1 Take US-18 West for about 26 miles
- 2 Turn right onto US-75 N for about 1 mile
- 3 Turn left onto US-18 W for about 20 miles
- 4 Turn right onto East Madison Street
- 5 Destination is ahead of you

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Ireton Christian

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

ICS is @ 104 5th Street, Ireton, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West for about 18 miles
- 5 Turn left onto Eagle Avenue
- 6 Turn right onto 5th Avenue
- 7 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Ireton Christian

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

ICS is @ 104 5th Street, Ireton, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West for about 18 miles
- 5 Turn left onto Eagle Avenue
- 6 Turn right onto 5th Avenue
- 7 Destination is on your right

Sanborn Christian School
Athletic Information

Date:

Teams:

Place:

Orange City Christian School

Leave SCS:

Drivers:

Other Info:

DIRECTIONS:

OCCS is @ 604 3rd Street SW, Orange City, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West
- 5 Turn right onto Florida Avenue SW
- 6 Turn left onto 3rd Street SW
- 7 Destination will be on your left

Sanborn Christian School
Athletic Information

Date:

Teams:

Place:

Orange City Christian School

Leave SCS:

Drivers:

Other Info:

DIRECTIONS:

OCCS is @ 604 3rd Street SW, Orange City, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West
- 5 Turn right onto Florida Avenue SW
- 6 Turn left onto 3rd Street SW
- 7 Destination will be on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____
Track and Field

Place: _____
Northwestern College Track (Orange City)

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

NWC is @ 101 7th St. SW

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West
- 5 Turn right onto Albany Avenue SE
- 6 Destination will be on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____
Track and Field

Place: _____
Northwestern College Track (Orange City)

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

NWC is @ 101 7th St. SW

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West
- 5 Turn right onto Albany Avenue SE
- 6 Destination will be on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____
Rock Valley Christian

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

RVCS is @ 1405 17th Street, Rock Valley, IA

- 1 Take US-18 West for about 33 miles
- 2 Turn right onto US-75 N for about 1 mile
- 3 Turn left onto US-18 W for about 6 miles
- 4 Turn right onto Main Street
- 5 Turn left onto 17th Street
- 6 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____
Rock Valley Christian

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

RVCS is @ 1405 17th Street, Rock Valley, IA

- 1 Take US-18 West for about 33 miles
- 2 Turn right onto US-75 N for about 1 mile
- 3 Turn left onto US-18 W for about 6 miles
- 4 Turn right onto Main Street
- 5 Turn left onto 17th Street
- 6 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____ Soccer _____

Place: _____ Rock Valley Sports Complex _____

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Rock Valley Sports Complex is @ 2107 17th Street, Rock Valley, IA

- 1 Take US-18 West for about 33 miles
- 2 Turn right onto US-75 N for about 1 mile
- 3 Turn left onto US-18 W for about 5 miles
- 4 Turn right onto Fig Avenue
- 5 Turn left onto 17th Street (B14)
- 6 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____ Soccer _____

Place: _____ Rock Valley Sports Complex _____

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Rock Valley Sports Complex is @ 2107 17th Street, Rock Valley, IA

- 1 Take US-18 West for about 33 miles
- 2 Turn right onto US-75 N for about 1 mile
- 3 Turn left onto US-18 W for about 5 miles
- 4 Turn right onto Fig Avenue
- 5 Turn left onto 17th Street (B14)
- 6 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____
Sioux Center Christian School

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

SCCS is @ 630 1st Avenue, Sioux Center, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Turn right onto Hospers Drive North
- 4 Turn right onto 400th Street (B40)
- 5 Continue on B40 for about 13 miles
- 6 Turn right onto 1st Avenue SE
- 7 Destination will be on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____
Sioux Center Christian School

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

SCCS is @ 630 1st Avenue, Sioux Center, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Turn right onto Hospers Drive North
- 4 Turn right onto 400th Street (B40)
- 5 Continue on B40 for about 13 miles
- 6 Turn right onto 1st Avenue SE
- 7 Destination will be on your right

Sanborn Christian School

Date:

Teams:

SCCS Track Meet @ Dordt

SCCS Track Meet @ Dordt

Leave SCS:

Transportation On Your Own

Transportation On Your Own

Bring sack lunch, snacks, drinks

Bring sack lunch, snacks, drinks

Watch weather, dress in layers

Watch weather, dress in layers

Bring sunscreen

Bring sunscreen

DIRECTIONS:

The track is @ 999 9th Street NE, Sioux Center, IA

The track is @ 999 9th Street NE. Sioux Center, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Turn right onto Hospers Drive North
- 4 Turn right onto 400th Street (B40)
- 5 Continue on B40 for about 13 miles
- 6 Turn right onto Hickory Avenue
- 7 Turn left onto 7th Street NE
- 8 Destination will be on your right

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Turn right onto Hospers Drive North
- 4 Turn right onto 400th Street (B40)
- 5 Continue on B40 for about 13 miles
- 6 Turn right onto Hickory Avenue
- 7 Turn left onto 7th Street NE
- 8 Destination will be on your right

THE MEET BEGINS AT NOON!!

THE MEET BEGINS AT NOON!!

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Sheldon Christian

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Sheldon is @ 1425 9th Street, Sheldon, IA

- 1 Take US-18 West for about 8 miles
- 2 Turn left onto Country Club Road
- 3 Turn right onto East 9th Street
- 4 Turn right onto Garfield Avenue
- 5 Destination is on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ Sheldon Christian

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

Sheldon is @ 1425 9th Street, Sheldon, IA

- 1 Take US-18 West for about 8 miles
- 2 Turn left onto Country Club Road
- 3 Turn right onto East 9th Street
- 4 Turn right onto Garfield Avenue
- 5 Destination is on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ UCHS

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

UCHS is @ 216 Michigan Avenue SW, Orange City, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West
- 5 Turn right onto Michigan Avenue SW
- 6 Destination is on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ UCHS

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

UCHS is @ 216 Michigan Avenue SW, Orange City, IA

- 1 Take US-18 West
- 2 Turn left onto IA-60 South towards Sioux City
- 3 Take exit 16 towards Orange City and Alton
- 4 Take IA-10 West
- 5 Turn right onto Michigan Avenue SW
- 6 Destination is on your left

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ WCHS

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

WCHS is @ 925 5th Street, Hull, IA

- 1 Take US-18 West for about 24 miles
- 2 Turn right onto Main Street
- 3 Turn right onto 5th Street
- 4 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____ WCHS

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

WCHS is @ 925 5th Street, Hull, IA

- 1 Take US-18 West for about 24 miles
- 2 Turn right onto Main Street
- 3 Turn right onto 5th Street
- 4 Destination is on your right

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____
Worthington Christian School

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

WCS is @ 1770 Eleanor Street, Worthington, MN

- 1 Take US-59 N for about 26 miles
- 2 At the traffic circle, take the 3rd exit onto Oxford Street
- 3 Turn right onto Douglas Avenue
- 4 Turn right onto Eleanor Street

Sanborn Christian School
Athletic Information

Date: _____

Teams: _____

Place: _____
Worthington Christian School

Leave SCS: _____

Drivers: _____

Other Info: _____

DIRECTIONS:

WCS is @ 1770 Eleanor Street, Worthington, MN

- 1 Take US-59 N for about 26 miles
- 2 At the traffic circle, take the 3rd exit onto Oxford Street
- 3 Turn right onto Douglas Avenue
- 4 Turn right onto Eleanor Street

ATHLETIC COMMITMENT SHEET

We have read the Sanborn Christian School Athletic Handbook. We understand the philosophy of the Sanborn Christian athletic program. We agree to support and abide by this athletic handbook and the policies and procedures of Sanborn Christian School in general. In times of question, or disagreement, we agree to follow the Covenant of Communication and Support that we already read and signed at registration.

Parent / Guardian Signature: _____ Date: _____

Parent / Guardian Printed Name: _____ Date: _____

Student Signature: _____ Date: _____

Student Printed Name: _____ Date: _____

**(PLEASE DETACH THIS FORM FROM THE ATHLETIC HANDBOOK FOR
PARENTS AND SUBMIT IT TO THE OFFICE)**

